

# Kolam

## A Threshold Art Workshop

In a world of hectic and technological schedules, we have no time to create anything ephemeral. Kôlam, the threshold art workshop offers to teach an ancient traditional art form that has been in the Indian culture for thousands of years. Through kôlam, learn ancient South Indian mythology and symbols. By learning how to create kôlam's, it can help promote calmness and concentration and inner awareness. Mend the heart and calm the mind with creative self-expression. No artistic training is required for this workshop.

Decoration was not the sole purpose of a kôlam. In olden days, kolams used to be drawn by hand with coarse rice flour, so that the ants don't have to work so hard for a meal. The rice powder is said to invite birds and other small creatures to eat it, thus inviting other beings into one's home and everyday life: a daily tribute to harmonious coexistence. The patterns range between geometric to free style. Beyond the aesthetic quality that they offer, the kôlam threshold art is meant to provide a relaxing and reflective experience that supports and promotes healing. When we create a kôlam, we are creating a personal symbol that reveals who we are at that moment. We invite you to experience the healing power of ephemeral expressive arts and meditation. You connect with nature, pause, look inwards and let go of all negative energy.



### Workshop Content

- **Introduction to the history of kôlam, materials and tools**
- **Practicing drawing the kôlam traditional designs**
- **For all adults and children from 7 years onwards**
- **We offer workshops in your front or back yard, indoor on linoleum or dark stone floor.**

### About the Class Instructor

Radha is an interdisciplinary artist and a curator. Her works of art emerges from the 'Feminine and Earth' and women's ritual art from the South of India. Radha is educated at the University of Wisconsin - Madison with a Masters of Fine Art, and Bachelors of Fine Arts, from the Art Academy of Cincinnati, Ohio. Her span of experience and content reaches from the folklore traditions of southern India and Indigenous art of Northern Territory of Australia to traditional and contemporary printmaking. She is currently a visiting faculty at Srishti School of Art Design and Technology, Bangalore India. She has won a number of awards for her art and her works has been collected in museums and galleries nationally and internationally.

Call for details, scheduling and pricing: 513.807.6604; or email Radha on [radartist@gmail.com](mailto:radartist@gmail.com)  
[radartist.com/workshops](http://radartist.com/workshops)

